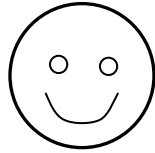
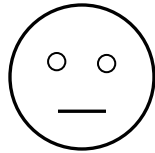


Don't let this happen to you:

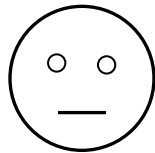
Freshman



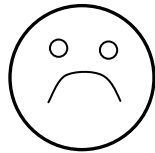
Sophomore



Junior



Senior



The pressure is enormous during college but truly, in reality, each one of us always has the choice to accept as much as he/she can handle. If we try to understand the wisdom contained in the simple statements "small is beautiful", "slow is beautiful", "here is beautiful", and "now is beautiful" we will understand and our lives will be transformed.

My students, I hope that you will keep thinking about these simple statements because by doing so, you will see a great wisdom in them. When you apply this understanding daily in every decision you make, your lives will be transformed.

The magic word for a life to be transformed is to be "DETACHED."

April 1, 2007